# Impact of Adverse Childhood Experiences

## Public Policy

Heathcare, education, social services & child welfare, criminal justice, workforce & economic development, public education & awareness

### Society

Increased healthcare costs, elevated crime rates & burden on criminal justice system, strain on public resources, distrust in others

# Community

Educational consequences, increased criminal activity, higher rates of unemployment, increased need for healthcare & behavioral health services

#### Interpersonal

Strained family system, intergenerational cycles of trauma, communication breakdown, strained friendships, attachment issues

#### Individual

Epigenetic changes, dysregulated nervous system, substance use, decreased cognitive functioning. brain development impacted, mental health issues, increased risk of developing chronic health conditions, reduced lifespan