

# NNBHC Meeting

**August 9, 2022**

**9:00 -10:30 AM**

**Zoom**

Sandy Stamates. Welcome to our Zoom meeting. Explained NNBHC to the group. Invite your friends who you think would benefit from attending. All of us got here because someone invited us, and we've been having this meeting for 8 years now. Introductions were skipped due to a full agenda.

## **Agenda Item #1 – Kim Riggs - Recovery Friendly Workplace Initiative**

[Nevada Recovery Friendly Workplace Video](#)

Recovery Friendly Workplace PowerPoint attached.

Contact Kim Riggs with any questions: kriggs@dwss.nv.gov

## **Agenda Item #2 – Robin Reedy – NAMI**

NAMI educates, supports and advocates

Affiliates- Southern NV, Northern NV and Western NV. They are the groups that do the education and support groups. Reach out to them for any information.

[NAMI Western NV](#): Warm Line has been available for the last 3 years: People to call in to speak with a one-on-one with an operator. This line has helped individuals maintain recovery which has reduced calls to emergency lines and emergency room visits. The warmline is operated by trained peers who use their lived experience to help those who call in.

[NAMI Northern NV](#): A Teen text line has been created so young individuals can text in when they need support. The teen text line also allows teachers and Parents/guardians to ping the line and give the info to someone at the line. From there a certified peer can get in contact with the individual and provide support to someone who might need help. The teens response rate is high so when the teen participates and texts back it allows them to talk and get help. This is a wonderful program. The teen support text line is operated by adult peers in recovery and provides support to the teens through their lived experience.

[NAMI Southern NV](#): Southern NV is the fastest growing affiliate. Getting a bigger space allowing them to provide more programs. Southern NV is doing great work in the realm of the Criminal Justice system. They want to expanding these criminal justice programs to other prisons throughout the state. The hope is that we can get specialized support groups to support who live with mental health condition that were just released from prison. The criminal Justice programs utilizes certified peers. In turn these peers work with and provide support to individuals moving through the justice system.

## Northern Nevada Behavioral Health Coalition

Newer project: Growing the number of peer support specialist within the community. Encouraging those with lived experience to become peers. We want to Increase the number of peers throughout the state. More peers are needed because we want to increase PRSS programs into the rural counties

Also, Nami is the best kept secret and is also the best resource to provide when people ask about resources in our community. NAMI receives calls every day whether it be talking to and individual or to family about where to get help, who to reach out to and what current resources or programs tells programs are being offered. Free education resources, support groups.

Finally, NAMI had a big win recently which was providing a funding stream for 988. NAMI hopes to keep building off of this stream to build and grow their services.

NAMI provides free programs to our community. While the programs are offered at no-cost to individuals they do cost money to put on. But, NAMI Nevada is a 501.c.3 organization which means the can take donations. If you are interested in donating you can do so at

[https://naminevada.org/donate\\_now/](https://naminevada.org/donate_now/)

NAMI Nevada is also in the process of put together a few fundraising opportunities. More information can be found on <https://naminevada.org>

If you have any questions about NAMI please reach out to Robin Reedy at 775-790-4982. The best way to reach her is via text.

Q: On the teen text line, who is answering the texts?

A: Teen text line gets answered by peer with lived experience. We are currently trying to hire more people to manage the teen text line. Prefer younger adults and if older want to have that lived experience

### **Agenda Item #3 - Stephanie Brown - Willow Springs**

Providing a refresher on Willow Springs because it has been a while.

Important news: Willow springs will be able to provide intensive outpatient and partial hospitalization for teens in the fall.

Willow Springs center is putting on a Community presentation on Friday 8/12/22 from 8:00-12:00 PM PDT at the Nugget Casino. The presentation will be going over DBT and will be providing 2 CEUs for LCSWs. For more information and to RSVP for this event, please visit [Free CEU Event-Willow Allied DBT Family Support \(urlisolation.com\)](#)

### **Agenda Item #4 - Dorothy Edwards - Regional Behavioral Boards Updates**

Provided a PowerPoint on the Regional Behavioral board. PowerPoint is attached.

## Agenda Item #5 - Natalie Powell - Nevada Certification Board Updates

The Nevada Certification board has two important updates:

The first update is regarding SB69 which was recently passed. This bill mandates certification for both peers and peer supervisors by August 1, 2023. Mandating certification mandates accountability which in turn allows peers to be equipped to provide individuals with support. Mandating also allows peers to be treated as professionals.

Mandating peer supervisors allows for better peer supervision. Mandating allows for a more supportive role while providing a good safety net for peers. Having a strong peer supervisor leads to peers feeling supported and valued in their work

Peer Support Specialist must be certified before they can begin practicing otherwise a civil penalty will be issued. If you are working towards becoming a peer and are not fully certified yet, you can become a peer support intern. Becoming a peer intern allows everyone to be kept safe and it allows individuals to not be rushed into a position before they are ready. As a note, a person must be one year into recovery before they can become an intern.

Peer Support Specialist Supervisor: Supervisors must be certified and approved before they can begin practicing. There are currently 2 approved Supervisor trainings.

1. The Foundation for Recovery will be offering in-person training. For more information on training opportunities you can contact them here:  
[For Recovery Website](http://forrecovery.org)  
[info@forrecovery.org](mailto:info@forrecovery.org)  
(702) 257-8199
2. Ohio Mental Health and Addiction Services. Ohio Mental Health and Addiction services offer self-paced and live webinar training options for peer support supervisors.

\*\* As a note, the supervisor trainings are more involved if you are not a certified peer to begin with.

For more information on the approved training options, please visit the [Nevada Certification Board's](#) website.

Within the next month Jordan Baez will be taking over peer certification, peer supervisor certification and the advisory board. Natalie Powell will shift her focus to Community Health workers certification and Doula Certification. The separation will start in mid-September.

Contact information for both Jordan and Natalie can be found below.

Jordan Baez: [jbaez@casat.org](mailto:jbaez@casat.org)

Natalie Powell: [Npowell@casat.org](mailto:Npowell@casat.org)

## Public Comment/Community Announcements

- As a reminder, CASAT has a [Job Board – CASAT OnDemand](#). If you would like to post an open position please send an email to [learning@casat.org](mailto:learning@casat.org)
- In honor of the Recovery Month, NRAP is hosting its [2nd Annual Recovery 5k run/walk and celebration](#) to promote community health and wellness, celebrate individuals who identify in recovery, and reduce the stigma often associated with the disease of addiction. When you sign up for the Recovery 5k run/walk Celebration, you are supporting all individuals in recovery. The goal of this race is to raise awareness and break the stigma for those entering or maintaining recovery by supporting a well-balanced, active lifestyle.

We encourage all those in recovery, allies, advocates and loved ones to participate in our Recovery 5k

- The next meeting date is November 9th. Location will be determined closer to event and announced through the listserv with an RSVP link as well.

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### **ANNOUNCEMENT**

*All information regarding the NNBHC Meetings has been moved to a new website:*

<https://casatondemand.org/nnbhc-2/>

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