

# NNBHC Meeting

**May 10, 2022**  
**9:00 -10:30 AM**  
**Zoom**

Sandy Stamates, welcome to the meeting. Explained NNBHC to the group and did a group introduction. Invite your friends who you think would benefit from attending. All of us got here because someone invited us, and we've been having this meeting for 8 years now. Email [jward@casat.org](mailto:jward@casat.org) to be added to the listserv if you would like.

## **Agenda Item #1 – Ani Wood – Brain Health Restoration**

Brain Health Restoration Reno utilizes Magnetic e-Resonance Therapy with the goal of improving neurological health and brain function. Used for ADHD, Anxiety, Depression, Headache, Memory, Sleep, PTSD, Addiction and many others. Each protocol is about 10 sessions, daily, 30 minutes a day Mon-Fri for 2 weeks. It takes an average of 30 sessions. Sleep is one of the biggest areas they treat. One way is through Blue Light Therapy/Counseling. A mixture of MeRt, proper sleep hygiene, and counseling are all used in conjunction to improve sleep and quality of life.

More information: <https://brainhealthrestoration.com/> See attached PowerPoint for more in depth details and data.

Q: Have you treated anyone with severe mental health issues.

A: Yes, we have. There are some limitations however we have had a lot of success with severe mental health and have seen many with improved quality of life.

Q: Is this covered by insurance?

A: No. We are not allowed to bill insurance however we have been able to assist some with reimbursement. There is no guarantee.

Contact info: Ani Wood – [awood@brainhealthrestoration.com](mailto:awood@brainhealthrestoration.com)

## **Agenda Item #2 – Steve Shell – Crisis Now Model**

Washoe county is introducing the Crisis Now model with a 24/7 Crisis Stabilization center for adults in Washoe county. There are a lot of details in the works and more information will be available soon. This will be a diversion from the emergency room for mental health issues so that the community can utilize triage and assessment for levels of care. There is a goal to transfer them to a local place within 23 hours depending on the individual. Walk-ins will be welcome. There will be traditional care however, the majority of staff will be Peer Support Specialists. No one will ever be turned away. This includes law enforcement and we are working on a criteria for them to know who to drop off so patients can be taken to a location best suited for their care. We have been working with Medicaid to find a rate for crisis stabilization so that this can be sustainable.

## Northern Nevada Behavioral Health Coalition

This is a community partnership and we envision having community partners present and available to individuals. The mobile crisis team will most likely have a presence. Feel free to reach out to Steve if you would like to be considered for in-person space. Washoe County does not have the ability to open a youth focused center at this time but they will be opening one in Clark County.

Q: There appears to be shrinking bed availability for the extremely chronically ill. Can you comment on that?

A: A key component of this model is that you have the bed available for those who need to stay beyond the three days. There will remain a group that does need long term care over the years and we are treating those individuals in ERs. Hopefully we can move those to our new space into a different treatment environment and get them where they need to be for the best care.

Contact Info: [Steve.Shell@renown.org](mailto:Steve.Shell@renown.org)

### Agenda Item #3 – Rachelle Pellissier – CSSNV

988 will launch July 16th. These phone calls are not new and currently are currently routed through 911 to the crisis call center. Nevada has one of 12 national crisis call centers and is the second longest running in the nation. We have already been taking 988 calls so this is not new and we have been doing this for a long time. We currently answer about 80% of the calls in 30 seconds. We have received grants to increase staff so that we can up our rate to 95% in 20 seconds. We have gone to remote so that allows people all over the state and increase employment.

More information at: <https://socialent.com/resources/nevada-988-implementation-planning/>

### Public Comments/Community Announcements

-The NCB has been working very hard to get all the peers certified for AB69. We are also working on a support endorsement for Peers and Peer supervisor certification which should be ready by summer so those peers can be well taken care of. We are trying to find intensive support for Peers and implement it ASAP to give Peers support in their work.

-May 20<sup>th</sup> at 9:00 there is a public 988 Regulation Workshop. Please come to support 988 and give a testimony. The agenda is attached.

-CASAT Learning will be offering virtual trainings with limited in person events until further notice. Email [jward@casat.org](mailto:jward@casat.org) to be put on the listserv for the NNBHC meetings and [Join Our Email List](#) here for the CASAT Learning listserv.

- Nevada 211 is only as good as the information we provide. Please reach out and put your information on there if it is already so we can help all those who need it. [More Information Here](#)

-Information on how to post to the community job board and job listings can be found here: <https://casatondemand.org/job-board/>

The next meeting date is August 9<sup>th</sup>. Location will be determined closer to event and announced through the listserv with an [RSVP](#) link as well.

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**ANNOUNCEMENT**

*All information regarding the NNBHC Meetings has been moved to a new website:*

<https://casatondemand.org/nnbhc-2/>

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