

**JOB TITLE: Therapeutic Mentor**

DEPARTMENT : Whole Hearts, Minds and Bodies

REPORTS TO: Whole Hearts, Minds and Bodies: Clinical Manager, Shelby Singer
 Program Director, Crystal Milless
 Clinical Director, Denise Manandik

POSITION: 2-5 Hours per week per client, Part-Time 3 client minimum expectation, Full-Time caseload and Gig options potentially available.

HOURS: Variable/Flexible

DESCRIPTION/PURPOSE:

Mentors are employed on an as needed basis to provide Therapeutic Mentoring services to Tahoe area youth. Generally, Mentors meet with clients once a week for a two to four hour session scheduled by the Mentor with the client. Gateway Mountain Center Therapeutic Mentors implement our Innovative [Nature-Based Therapeutic Mentoring](#) program. As a Whole Hearts Minds and Bodies clinically-supervised mentor you will be trained in our [4Roots Method](#) and leading edge humanistic, trauma-informed modalities. WHMB Therapeutic Mentors provide a consistent, caring, authentic relationship with the youth through supported risk taking in nature such as kayaking, rock climbing, hiking, and personal reflection. In addition to some of our personal reflection activities which include: art-making, nature journaling, meadow-tating and strength-based confidence building. WHMB Therapeutic Mentors provide the container, support, connection and opportunities for young people to thrive. Our program is a unique, powerful and flexible option within the field of therapeutic services. Mentors generally pick up clients from home or school, spend some time together in nature, can share a bite to eat, and drop the client off at home.

OTHER REQUIREMENTS:

- Session documentation which requires therapeutic notes for each session written in a timely manner.
- Completion of forms for County compliance, assessments and research purposes.
- Twice a month meetings with a clinical supervisor.
- Once a month meetings with the case manager.
- Continued learning and development around therapeutic mentoring. Gateway Mountain Center offers periodic on site development opportunities.
- Monthly in person team meetings to support development and resource sharing with the intent of improving Mentor/Mentee relationships, effectiveness and continually improving outcomes.



SKILLS AND QUALIFICATIONS:

Required:

- Advanced CPR and Wilderness First Aid Training (WFA may be completed within 6 mos. of employment).
- Excellent people skills, especially with children.
- Clean Record: LiveScan/DMV
- Access to safe and insured vehicle to transport mentee.
- Access to a computer and a printer.
- Covid Vaccination or Waiver with weekly negative test submissions.

Preferred:

- Outdoor leadership experience.
- Experience in outdoor activities (i.e. skiing, climbing, hiking, mountain biking)
- An interest in or knowledge of Natural History/Philosophy
- Therapeutic training or Licensing. (LCSW/LMFT)

Pay:

- Starting rate between \$20 to \$29 per hour depending on experience and education.
- 50% reimbursement of hourly pay for any approved non-Gateway training completed.
- Current IRS mileage reimbursement while transporting clients. (2021 0.56/mile)