

NNBHC Meeting

August 11, 2020

9:00 -10:30 AM

Zoom

Jake Wiskerchen, welcome to the meeting. Explained NNBHC to the group and did a group introduction. Invite your friends who you think would benefit from attending. All of us got here because someone invited us, and we've been having this meeting for 5 years now.

Agenda Item #1 – Mitch Berney – USA Rehab Centers

When working on a television show, I discovered the need to talk about addiction and treatment so that people know they are not alone. The power of communication and television can change people's lives. I wanted to produce a television show called Sober Footprints. Someone pointed out that there is a problem with telling people they can get help but it is actually not easy to find facilities and providers because there is no unity or resource to help those who are looking. It could create more problems than not to air a show like that because treatment can be harder to get than people realize. This led to the creation of usarehabcenters.org. This is an intuitive site that allows people or family of those in need to use search criteria to find providers that fit them or their needs. Examples are help with alcohol, drugs, legal services, insurance and more. Once a facility is found, it will list contact information, facility attributes, a map of how to get there and more depending on the listing (premium or free). Facilities will be contacted 4 times a year so that information will be updated constantly and correct. Facilities can put their information and have it easily accessible to themselves for updates and those seeking help. There are people all over the country to take this nationally. Sober Footprints will still air in six to nine months and there is now a resource to help people get the help that they need and find those facilities.

Q: How could people who are not direct providers make this work?

A: We are working on adding features. You can contact me and we will answer questions or find ways to help.

Q: Can we list your website on our resource page even if we are not providers?

A: Yes and you can contact me to see if there are other ways we can work together or develop ideas.

Contact Information:

Mitch Berney Mitch@USAREhabCenters.org

775-287-0107, 775-571-1928, 775-376-7633 ext. 103

usarehabcenters.org

Agenda Item #2 – Natalie Powell and Heather Kaminsky – Nevada Certification Board

Northern Nevada Behavioral Health Coalition

Updates for the Nevada Certification Board We are recognized IC&RC for Peer Recovery and Support and Prevention Specialists. We also work with and certify and Community Health Workers

There is a new endorsement plan being piloted right now. When asked what people would want specializations in, they said suicide prevention, trauma endorsement, and early childhood education. The plan will be reviewed and there is discussion on adding field experience, a possible exam, and an added fee.

There is discussion of adding an endorsement for CHWs working in a clinical setting depending on what is needed. May be an endorsement or a separate certification.

There is a push for mandated BDR. In this mandate, in order to call yourself a Peer Recovery and Support Specialist you must be certified. Contact Sean O'Donnell sodonnell@forrecovery.org or Lisa Lee lisa@renoinitiative.org for questions on this matter.

We have moved from paper applications to online applications. Please contact us with any questions you may have as we all adjust to this change.

Contact info: Heather Kaminsky hkaminsky@casat.org or Natalie Powell npowell@casat.org at

Agenda Item #3 – Cherylyn Rahr-Wood – Zero Suicide Update

16 teams were scheduled to come to an in-person academy that was cancelled due to COVID. 11 teams have continued to come to the online learning series. This was a year long process that organizations had to work on within their own teams and places to then develop a Zero Suicide plan. <http://zerosuicide.edc.org/toolkit> has the steps and process that teams go through to create and implement their Zero Suicide plan if you would like to look.

We are trying to get better funding for the VA so that veterans do not have to go outside of the VA for services. Throughout the Zero Suicide learning series, we have looked at care for veterans, data collection, CAMs, safety planning, DBT&CBT specific to suicide prevention, Medicaid with billing and coding, policy and procedure writing and more in order to make this a long term and sustainable processes.

We are planning on doing another session of 16 teams so please contact me or have someone contact me if they are interested in implementing Zero Suicide. This will be a great collaboration statewide and has had so many successful collaborations over the last year.

Contact Information: Cherylyn Rahr- Wood ccwood@health.nv.gov

Agenda Item #4 - Public Comments/Community Announcements

Sandy Stamates with Policy Board meeting updates. There were six different proposals discussed at the meeting noted below. All would have to go through the legislature and may not look the same or be passed.

- 1.) There have been complaints that people are not able to get the same coverage for substance abuse or mental health as they would for another health issue. This is known as insurance parody.
- 2.) Change the IMD exclusion is where an inpatient facility that has more than 16 beds can not get reimbursement due to a law.
- 3.) Peer Recovery and Prevention Specialists should be required to be certified through the Nevada Certification Board. The supervisors of PRSSs must be specially trained and certified themselves.
- 4.) The Nevada Youth Risk Behavior Survey is given to middle and high schoolers every two years. Right now, there is a requirement of active consent from parents. There is a push for passive consent instead so unless a parent says no, the child is allowed to take it.
- 5.) Amending AB114 which refers to Suicide Prevention talked about in schools. Push to add a Substance Abuse prevention element or separate bill for Substance Abuse Prevention conversations in schools.
- 6.) There is Substance Abuse Prevention Coalition in Nevada. The push would add a mandate for the SAPC, possibly on the Regional Policy Board.

Willow Springs is Covid free and we now test upon admission and test again five days later. New admissions will stay in a base camp unit for 2 weeks until they are placed in their group. They will be receiving programming in those initial two weeks. We had to halt admissions for six weeks but we are now accepting admissions and have open beds.

Call ins for seniors struggling with mental health and suicide are up 25%. The NAMI warmline call in rate has doubled since last year. Please be mindful of our seniors as they are moving through this hard time and reach out to them.

CASAT Training is offering webinars to take place of in person classes. We have made classes available for gambling counselors who could not attend the gambling conference, interns, and we are offering a virtual 7-week Clinical Supervision training this fall. Email jward@casat.org to be put on the listserv for the NNBCH meetings [Join Our Email List](#) here for the CASAT Training listserv.

Next meeting is November 10, 2020. Location will be determined closer to event and announced through the listserv with an RSVP link as well.

ANNOUNCEMENT

All information regarding the NNBHC Meetings has been moved to a new website:

<https://casatondemand.org/nnbhc-2/>
