# NNBHC Meeting

## August 13, 2019

## 9:00 -10:30 AM UNR Redfield Campus

Sandy Stamates, Executive Director, NAMI Northern Nevada (filling in for Jennifer Rains) - Welcome. Explained NNBHC to the group. Invite your friends who you think would benefit from attending. All of us got here because someone invited us and we’ve been having this meeting for 5 years now.

**Agenda Item #1 – Lisa Maxey and Ariel Rayo, Silver Summit Health Plan**

Serve two counties, Clark and Washoe. Approx. 200 employees. Integrated team that addresses physical and behavioral health (Licenses BH Professionals, Registered Nurses, Social Workers, Non-Clinical Staff). Help members establish a primary care provider which leads to better outcomes. They help coordinate for out of network providers as well. Establishing rapport with General Practitioners reduces emergency visits. Unfortunately, mental health services vary by the county and the mental health providers that they work with. Silver Summit is excited to be part of this meeting so that they can meet new providers and expand services.

Mental Health/Substance Abuse Services

* Outpatient Mental Health
* Rehabilitative Mental Health
* Day Treatment
* Electroconvulsive Therapy
* Applied Behavioral Analysis
* Outpatient Alcohol and Substance Abuse Services
* Inpatient Mental Health
* Inpatient Alcohol and Substance Abuse Detox
* Residential Treatment Center (21 years and under)

Value Added Programs & Services

* Dental
* Enhance-Over-the-Counter benefit
* Rewards Program
* Wight Watchers membership
* Boy & Girls Club of Sothern Nevada Membership (6-18yrs)
* Smart Start for your Baby Program
* Smoking Cessation
* Free Amazon Prime for Diagnosed Diabetics
* 24 Access to Care and Experts

Recently contracted with Summit Behavioral Health for supportive housing. Work with teams such as vocational rehab and other community services for employment. See slide 13 for additional Summit Behavioral Health partnership details.

Member Connections tries to educate members on the resources available to them and the value added benefits. Weekly outreach to shelters. Community Resource fairs. Build and start collaborating with different agencies in town so they can extend their resources to members.

New health coaching program with goal of preventing readmissions to hospitals (predominantly physical health). Program is limited; qualified by age, housing arrangements, and risk score.

Outreach to members, conduct health risk screenings, and educate members about programs.

Silver Summit provides complimentary behavioral health clinical training for providers to enhance quality of clinical services within their network. Email <mailto:mclinicaltraining@envolvehealth.com> (see slide 15).

Lisa Maxey is your contact for folks in the North   
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### Agenda item #2 – Senator Julia Ratti, Legislative Overview and Updates

Nevada Legislature is a citizen legislature, part time. Nevada is known for small government, so the legislature is only in session 120 days every other year. Feb. 2021 is next session. During the interim 35-40 committees/task forces meet to go into greater depth on issues for the next session. 63 legislators in the state (42 assembly, 21 senators). It’s a rule and deadline driven process. Senators only get a certain number of bills they can introduce. Julia can only introduce 20. Counties and Cities also get bills. The new Regional Behavioral Health Policy Boards also each get a bill. Each session 1200 bills are introduced, 900 are heard, and about 600 are passed. All within the 120 day session. There are many ways for a bill to die and only one way for it to succeed. If your bill requires money, it also has to go through the finance committee. The finance committee spends the first 60 days of the 120 day legislative session looking at the governor’s budget. They spend the second half looking at the bills and deciding if they can be funded. Many bills die just due to funding. Governor’s budget is key to getting bills passed. If you can get it in the budget there’s are better chance of your bill being passed.

One of the major factors of getting bills through is pre-work to get all stakeholders to agree. With a citizen legislature, they rely on you to make their decisions. If stakeholders are in agreement its more convincing.

Julia doesn’t have staff but there is a pool of people that they can utilize similar to a help desk, called constituent services. Constituent services also includes a Research division. Julia asked the Research Division to compile a list of behavioral health related bills. See attachment with full list.

Significant Behavioral Health Wins:

* 2017 session brought about the Regional Behavioral Health Policy Boards boards. They were created, given a bill, and each came back with a bill:
* Washoe – AB66 – Crisis Response
* Northern – AB 85 – Reformed Legal 2000 process
* Southern – AB76 – Establishment of a 5th Clark County Board
* Elko AB47 – Did not pass, likely due to fiscal
* Autism task force added to NRS.
* Community Based living arrangements (supported housing for SMI). Legislative audit found systematic failures in Community Based living arrangements. 4 bills looked to change this. Julia thinks there are still significant work to be done.
* Governor’s budget (pg. 6 of attachment) added significant increases to Behavioral Health: MCRTs, MOST teams, Expansion of CCBHCs from 3 to 10, Staffing Increases. Federal dollars were being left on the table because they requires a state match, so because the state added these dollars we got even more funding.
* AB 170 – took all protections in Affordable Care act surrounding pre-existing conditions and put them into state law. So that if it ever goes away, insurance companies still can’t discriminate against patients with preexisting conditions.
* Acute Stress and PTSD occurred on the job is now considered a workers comp issue. This should hopefully reduce stigma.

**Agenda Item #3 – Don Butterfield, Reno Behavioral Health Center, New program for Seniors**

When Reno Behavioral Health Hospital learned that Center for Hope (Reno’s only Eating Disorder center) closed, they launch their Center for Eating Disorders as a result. They feel that seniors are underserved as well, so they have launched a Transitions program. Specialized inpatient unit for people 55 and older with 21 beds. Treating anxiety, bipolar, dimension, depression, grief and loss, SUD, suicidal thoughts, can treat co-occurring conditions. Free and confidential assessments.

There are 124 total beds at Reno Behavioral Health Hospital, but they can currently staff only about 70 beds due to staff shortage.

**Q&A:** Senator Ratti suggested looking at AB66 crisis stabilization so hospital can bill for crisis stabilization services endorsement. Jake, MFTs/CPCs cannot bill medicare. Do you have a plan for step down after they discharge? Suggested to ensure that referrals accept Medicare.

**Agenda Item #4 - Public Comment/Announcements**

* Wellcare Crisis Triage Center now open – On record street campus behind women’s shelter. Sandy says that the Mallory Center in Carson is still the only real crisis stabilization center.
* Willow Springs is currently taking active referrals
* This Saturday at Willow American Foundation for Suicide Prevention Training at 11:00 AM on Sat

**Topics for Next Meeting**

* Reno Area Alliance for the Homeless - City took over the Resource Center at VOA. Only employs city employees. Volunteers of America no longer staffed there as of July 1. Limited services. Silver Summit suggested that Hettie Ploeger (works for City of Reno Resource Center) would be a good speaker on this topic. Patrick will talk to his Health Center Manager who attend these meetings to see who she can recommend.
* DCFS recently published a report about children being placed out of state. Nevada is second highest for out of state placement. Washoe County Children’s Mental Health Consortium addresses this issue. Stephanie Brown from Willow Springs attends these meetings and agreed to address this topic at the next meeting.
* Any additional suggestions, send to Jeanyne Ward at <mailto:mjward@casat.org>, or Sandy Stamates at <mailto:askstamates@gmail.com>, or Jake Wiskerchen at <mailto:jake@zephyrwellness.org>.

**ANNOUNCEMENT**   
All information regarding the NNBHC Meetings has been moved to a new website: <https://casatondemand.org/nnbhc-2/>