

# Are you taking medicine for **opioid use disorder** and are **pregnant or thinking about having a baby?**

Talk to your healthcare team if you are or are trying to become pregnant. **Speak with your medical provider before you make any changes in your medication.** Your doctor and therapist can help you have a healthy pregnancy and a healthy baby.

Notify your healthcare team as soon as you become pregnant.

You can **continue taking methadone or buprenorphine for opioid use disorder** while pregnant. When managed by your doctor, these medicines can be part of a healthy pregnancy. Many women and their babies do well while continuing medicine during pregnancy.

Opioid use disorder is manageable. **Medicine and behavioral therapy or counseling** during your pregnancy can **lead to a healthy pregnancy and a healthy baby.**

Being **stable in recovery** is the best chance for having a healthy baby. You should not use any illicit drugs or alcohol before and during your pregnancy.

**If you don't want to become pregnant,** talk to your care team about family planning options.



**SAMHSA**  
Substance Abuse and Mental Health  
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HHS Publication No. (SMA) 19-5094-PO

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